



Relative survival of *Escherichia coli* and *Salmonella typhimurium* in a tropical estuary

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Abstract

Microcosm studies have been carried out to find out the relative survival of *Escherichia coli* and *Salmonella typhimurium* in a tropical estuary. Survival has been assessed in relation to the important self-purifying parameters such as biotic factors contained in the estuarine water, toxicity due to the dissolved organic and antibiotic substances in the water and the sunlight. The results revealed that sunlight is the most important inactivating factor on the survival of *E. coli* and *S. typhimurium* in the estuarine water. While the biological factors contained in the estuarine water such as protozoans and bacteriophages also exerted considerable inactivation of these organisms, the composition of the water with all its dissolved organic and inorganic substances was not damaging to the test organisms. Results also indicated better survival capacity of *E. coli* cells under all test conditions when compared to *S. typhimurium*.

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Keywords: *Escherichia coli*; *Salmonella typhimurium*; Survival; Estuary; Sunlight inactivation; Competition

1. Introduction

One of the characteristic features of the estuarine system is the constant pollution from various human and non-human sources. Population explosion and rapid industrialisation have resulted in an ever-increasing load of waste input into this ecosystem. Large number of pathogenic bacteria enters this system mainly through sewage input. Rivers are the main contributors to the estuary, which transport a large volume of teluric land materials and dump them in the estuary. However, all the natural systems have got considerable self-

purifying capacities owing to various physicochemical and biological parameters.

Most sanitary indicator organisms as well as the enteric water borne pathogens are bacteria whose natural environment is the intestine of man and warm-blooded animals. When discharged in the faeces, these microorganisms frequently gain entry into a body of water. Once these bacteria are deposited into the water, they are in an environment that is not favourable to the maintenance of viability of most bacteria. The survival of enteric bacteria in natural aquatic ecosystems has been of interest to public health and microbial ecology (Barcina et al., 1986; Borrego and Figueras, 1997; Dionisio et al., 2000).

Several factors are involved in the disappearance of the pollutant microorganism in the aquatic environment, the two most important being physical dilution and microbial inactivation (Morinigo et al., 1989). Both processes depend on various physicochemical and

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1 biological factors such as water temperature (Vasconcelos and Swartz, 1976; Anderson et al., 1983), adsorption
 3 and sedimentation processes (Mitchell and Chamberlain, 1975; Geldreich, 1978), sunlight action (Davies and
 5 Evison, 1991; Sinton et al., 1999, 2002), predation by
 7 bacteria or protozoa (Rhodes and Kator, 1990), bacteriophage lysis (Ricca and Cooney, 1999), lack of
 9 nutrients (Sinclair and Alexander, 1984), competition
 11 with autochthonous microbiota (Enzinger and Cooper,
 13 1976; McCambridge and McKeekin, 1981) and anti-
 15 biosis (Colwell, 1978). However, there is considerable
 17 disagreement among the observations made by various
 19 researchers. Also, the applicability of seawater and
 21 freshwater studies to estuarine waters is doubtful
 23 because of the likely effects on microbial inactivation
 25 of differences in optical characteristics (Davies-Colley et
 27 al., 1993), salinity (Evison, 1988; Solic and Krstulovic,
 29 1992), and autochthonous microbiota (Klein and
 31 Alexander, 1986; Gonzalez et al., 1990; Rhodes and
 33 Kator, 1990).

35 *Escherichia coli* is considered as typical faecal
 21 indicator bacteria and its presence in natural waters is
 23 considered as indicator for the presence of possible
 25 pathogens. However, its absence does not necessarily
 27 guarantee the quality of water (Dutka, 1973). Therefore,
 29 it is interesting to know the inactivation kinetics that
 31 environmental factors exert on this faecal indicator
 33 bacterium and pathogen *Salmonella typhimurium*, since
 35 their relative survival rates in the aquatic environment
 37 may determine the validity of *E. coli* as suitable
 39 indicator for *Salmonella*. In our studies on the pre-
 41 valence of indicator bacteria and *Salmonella* from
 43 Cochin estuary (Hatha et al., in press), we could
 45 consistently isolate number of *E. coli* strains including
 47 many diarrheogenic serotypes, though the isolation of
 49 *Salmonella* was very low.

51 In the present investigation, microcosm studies have
 53 been carried out to determine the effects of various self-
 55 purifying factors such as biotic, physical and chemical
 57 factors on the survival of *E. coli* and *S. typhimurium* in
 59 estuarine water.

43 2. Materials and methods

45 *Test organisms:* *E. coli* and *Salmonella* isolated from
 47 the estuary were used. *S. typhimurium* was used as it is
 49 considered as a typical species of *Salmonella*.

51 *Preparation of inocula:* *E. coli* and *S. typhimurium* cells
 53 were inoculated in to Tryptone Soya Broth (TSB) and
 55 incubated overnight (16–18 h) at 37 °C. After incubation,
 57 the cells were concentrated by centrifugation at
 59 3000 rpm for 15 min and washed twice with sterile saline
 61 solution. After the final wash, the cells were suspended
 63 in the saline solution at a concentration of 10⁸ colony-
 65 forming units per millilitre. From this final suspension,

1 ml was inoculated into 250 ml Erlenmeyer flask with
 57 100 ml of the test solution so as to give an initial
 59 inoculum density of 10⁶ cells per millilitre of test
 61 solution.

63 *Test solution to study the effect of biological factor:*
 65 Raw estuarine water with all its self-contained biotic
 67 factors was used. Estuarine water from different stations
 69 were collected, pooled and then a subsample of 100 ml
 71 was taken to suspend the test organisms. The test
 73 organisms were suspended at a final concentration and
 75 survival and injury were estimated at regular intervals.

77 The total heterotrophic bacterial (THB) load in the
 79 sample was determined by standard plate count method
 81 using nutrient agar prepared in filtered estuarine water.
 83 Protozoans were analysed qualitatively with the help of
 85 a microscope. Bacteriophages were enumerated by
 87 plaque assay using double-layer agar method (Kennedy
 89 et al., 1986), which is described below.

91 Forty-five millilitre of the sample and 5 ml of *E. coli*/
 93 *Salmonella* culture was inoculated into 45 ml of deca-
 95 strength phage broth and incubated at 37 °C for 24 h.
 97 After incubation, the cells were centrifuged at 2500 rpm
 99 for 10 min and the supernatant was filtered through
 101 0.45 µm filter. Then 0.1 ml of the filtrate was mixed with
 103 1 ml of *E. coli/Salmonella* culture and 5 ml of 0.6%
 105 nutrient agar (used as top agar) and poured over
 107 nutrient agar plates with 1.2% agar concentration (basal
 109 agar). The plates were then incubated at 37 °C for 24 h
 111 and the plaques counted and expressed as plaque
 forming units (pfu) per millilitre.

101 *Test solution to study the toxic effect of dissolved
 103 organic matter and antibiotics in the estuarine water:* The
 105 effect of antibiotics and other dissolved organic sub-
 107 stances was studied by suspending the test organisms in
 109 filter sterilised (0.22 µm) estuarine water, which excluded
 111 all the biotic factors including microbacteria and
 113 bacteriophages, while preserving the dissolved organic
 115 components.

117 *Test solution to study the effect of sunlight:* Filter
 119 sterilised (0.22 µm) estuarine water was used. Test
 121 solutions were taken in sterile glass bottles, which were
 123 suspended at about half a feet below the water surface in
 125 a glass tank (200 l capacity) maintained at the roof top.
 127 The experiment started at 10 a.m. and continued up to 6
 129 p.m. with sampling at 2-h intervals.

131 All the test solutions except the one to determine the
 133 effect of sunlight were incubated at 30 °C and also at
 135 20 °C, in order to find out the survival at low
 137 temperature as the temperature goes down to 20 °C in
 139 winter as well as at a certain depth. The test solutions
 141 were incubated in the dark, except the test solution to
 143 study the effect of luminous factors, which was kept
 145 under natural sunlight.

1 3. Enumeration techniques

3 Enumeration was accomplished using two plating
 5 media in parallel, one selective and the other non-
 7 selective, with spread plating technique and incubation
 9 at 37 °C for 24 h. Selective and non-selective media were
 11 used in order to find out the injury exerted by the test
 13 solutions as the characteristic feature of the injured cells
 15 is that they fail to develop on the selective medium while
 17 maintaining the ability to grow on a non-selective
 19 medium. Dilution of the samples whenever necessary
 was done using sterile saline solution.

13 Quantification of *E. coli* cells was done with tryptone
 15 soya agar (TSA) as the non-selective medium and eosine
 17 methylene blue (EMB) agar as the selective media.
 19 Quantification of *S. typhimurium* cells was done with
 TSA as non-selective medium. The selective medium
 used to enumerate *S. typhimurium* was xylose lysine
 deoxycholate (XLD) agar.

The samples from the test solution were taken and
 21 assayed after 1, 2, 3 and 4 days with the spread plating
 23 technique. All the samples were replicated two-fold. The
 25 percentage of survivors and injured cells at time 't' was
 calculated according to the following formulae:

Percentage of survival of *E. coli* cells at time 't'

$$27 = \frac{\text{Count on TSA plates at time } 't'}{\text{Count on TSA plates at time } '0'} \times 100.$$

Percentage of injury of *E. coli* cells at time 't'

$$31 = 1 - \frac{\text{Count on EMB plates at time } 't'}{\text{Count on TSA plates at time } 't'} \times 100.$$

Percentage of survival of *S. typhimurium* cells at time 't'

$$35 = \frac{\text{Count on TSA plates at time } 't'}{\text{Count on TSA plates at time } '0'} \times 100.$$

Percentage of injury of *S. typhimurium* cells at time 't'

$$39 = 1 - \frac{\text{Count on XLD plates at time } 't'}{\text{Count on TSA plates at time } 't'} \times 100.$$

4. Results and discussion

The results are presented in Figs. 1–5 and Table 1. The results (Figs. 1 and 2) indicated a rapid inactivation of the suspended test organisms in raw estuarine water. The experiment started with around 10^6 cells of test organisms, which reduced by almost 3 logs by the end of the 2nd day of the experiment. T_{90} (time required for the reduction of 90% of cells) for *E. coli* is reached in 1 day and that of *S. typhimurium* took less than 24 h, suggesting an enhanced removal of *Salmonella* when compared to *E. coli*. Towards the later stages of the experiment, *E. coli* showed some level of acclimatisation

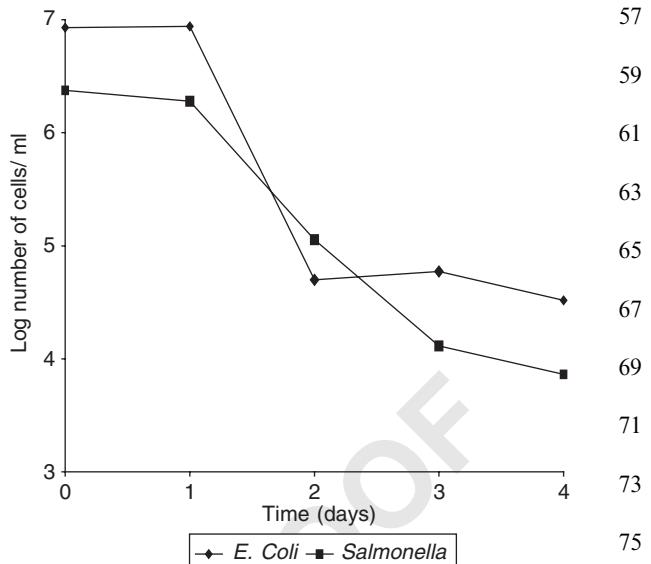


Fig. 1. Relative survival curves of *E. coli* and *S. typhimurium* in estuarine water as a function of the biotic factors at 20 °C.

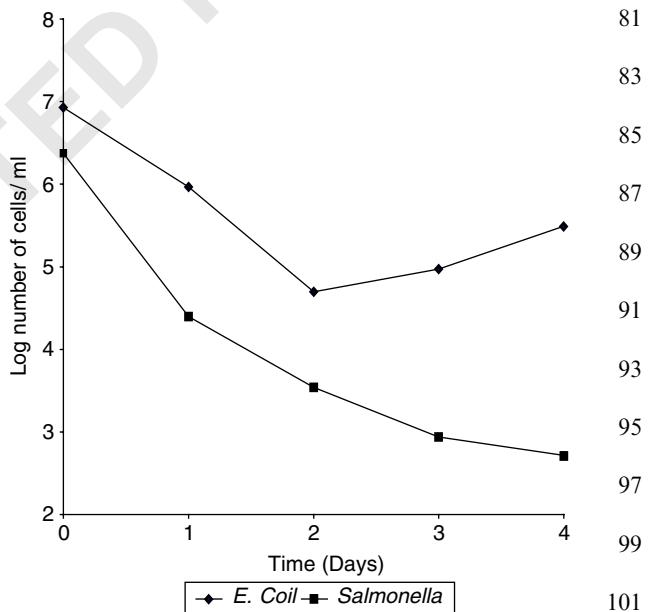


Fig. 2. Relative survival curves of *E. coli* and *S. typhimurium* in estuarine water at 30 °C as a function of biotic factors.

to the test solutions and did not show any further reduction. However, the reduction of the *S. typhimurium* cells in the test solution was linear with time. Test solutions were incubated at room temperature and also at 20 °C (Fig. 1) in order to see the survival capacity at a reduced temperature, which is a common feature of the study environment (Cochin estuary) during monsoon as

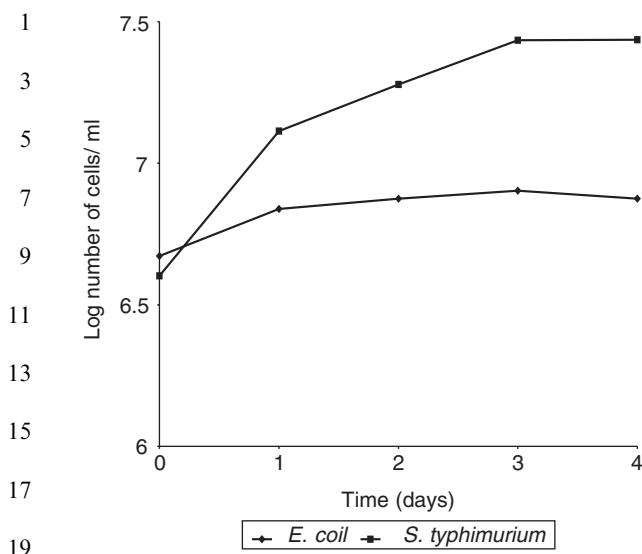


Fig. 3. Relative survival curves of *E. coli* and *S. typhimurium* in estuarine water at 20 °C as a function of the dissolved organic and inorganic substances.

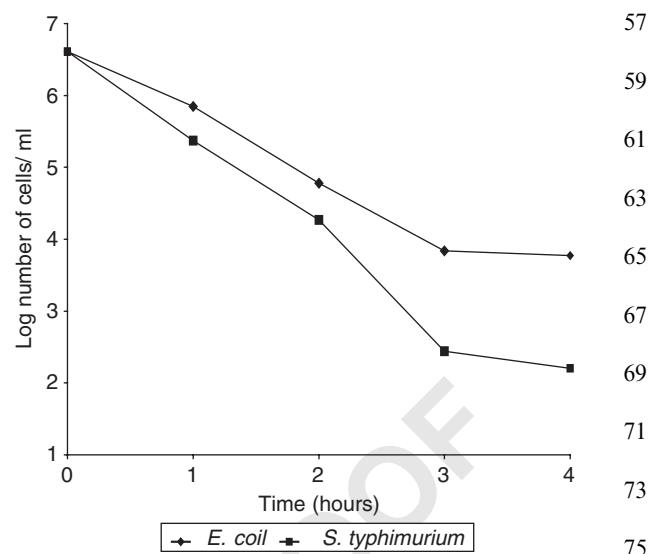


Fig. 5. Relative survival curves of *E. coli* and *S. typhimurium* in estuarine water as a function of sunlight.

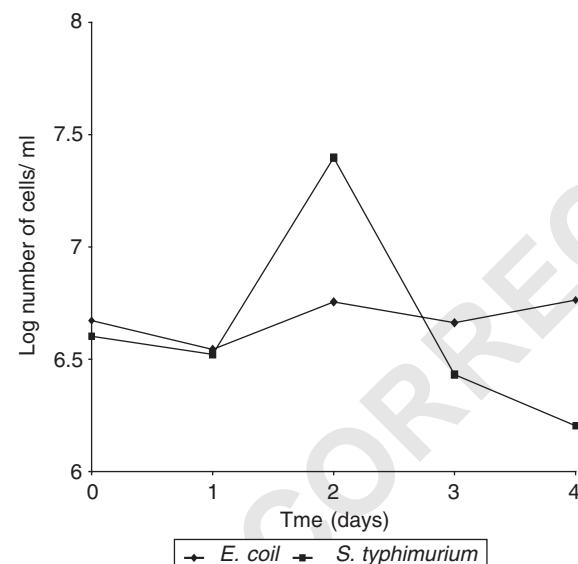


Fig. 4. Relative survival curves of *E. coli* and *S. typhimurium* in estuarine water at 30 °C as a function of dissolved organic and inorganic substances.

well as in winter. While *E. coli* cells showed a slight growth in the test solutions at room temperature after 2 days (Fig. 2), the *S. typhimurium* cells showed a better adjustment at lower temperature.

The findings are in agreement with the observations of Morinigo et al. (1989) and Cornax et al. (1990), who studied the survival of indicator and pathogenic bacteria along the coast of Spain. The role of biological factors

were further strengthened by our observations that when the biological factors contained in the estuarine water were removed by filtration (0.22 µm) the test organisms showed enhanced survival (Figs. 3 and 4). Morinigo et al. (1990) also observed an extended survival of *Salmonella* and other indicator microorganisms in their studies using a membrane diffusion chamber, which prevents the entry of bacterial predators inside. We have also estimated the THB population contained in the estuarine water (Table 1), which showed around 10^5 – 10^6 cells per millilitre of the raw estuarine water indicating severe competition from these autochthonous microorganisms. Rhodes and Kator (1990) reported a higher mortality of *E. coli* cells in the estuarine environment due to autochthonous microbiota. Also, the possible predators such as protozoans and coliphages have been assessed (Table 1). Majority of the protozoans were found to be ciliates, which are reported to do active grazing on bacteria. Mitchell and Morris (1969) demonstrated the existence of microbial predators by adding untreated seawater to agar containing dense suspensions of *E. coli*, and observed discrete clear areas (plaques). Inspection of different plaques revealed a variety of protozoa and bacteria having lytic activity towards *E. coli*. Enzinger and Cooper (1976) reported that the survival of *E. coli* in natural waters is a function of protozoan predators and observed a higher number of protozoan predators resulted in a rapid decline of *E. coli* cells. Bacteriophages have also been considered as a factor in the removal of coliforms from natural environments. We were also able to detect the bacteriophages specific to *E. coli* and *S. typhimurium* in the

1	Table 1		57
3	Range and mean value of total heterotrophic bacteria, bacteriophages and protozoans in the estuarine water		
5	Sample	Mean THB load (cfu/ml)	Bacteriophage (pfu/ml)
7	Estuarine water	6.36×10^4	$1.27 \times 10^{3*}$ $3.71 \times 10^{2**}$

* Coliphages, ** Bacteriophages predating *S. typhimurium*.

^aProtozoans were estimated only qualitatively.

sample by plaque assay and the population varied as 10^2 – 10^3 plaque forming units (Table 1).

The relative ability of *E. coli* and *S. typhimurium* to resist the biotic factors indicated a better survival capacity of *E. coli* in raw estuarine water (Figs. 1 and 2). The capacity of *E. coli* cells to resist phagocytosis has been reported earlier. Also, selective grazing by protozoans on *S. typhimurium* cells can also lead to a relative reduction of these cells in the test solution. Selective grazing of protozoans has been reported earlier (Barcina et al., 1992). The results of the significance testing by paired student 't' test revealed that these two organisms do not differ significantly ($p \leq 0.3$) in their capacity to survive in the raw estuarine water.

The toxicity of the dissolved organic substances and antibiotics in the estuarine water for the survival of the test organisms has been assessed by filtering out the biological factors from it as well as incubating in the dark in order to avoid interference from the light factor. The results (Figs. 3 and 4) indicated that the dissolved organic and inorganic substances in the estuarine water are well suited for the survival of both these organisms. Especially, *E. coli* cells showed a gradual and steady increase in the number of cells throughout the experimental period. The most significant feature of the growth curve of *S. typhimurium* was the sudden spurt in growth in the initial days of the experiment, especially in the test solution maintained at room temperature. The cells showed a reduced growth at 20 °C in case of *E. coli* and *S. typhimurium* suggesting their mesophilic nature. The growth in the test solution may be due to the high level of nutrients that are available in the estuarine water. The growth pattern also shows a utilisation of the available nutrients in the initial days and then stagnation, possibly due to nutrient limitation. The relative survival curves of *E. coli* and *S. typhimurium* (Figs. 3 and 4) suggest that *E. coli* is better acclimatised to the composition of the estuarine water, both at 30 and 20 °C. The observed negative effect of the filter sterilised estuarine water on the test organism, though negligible, is based on the presence of antibiotic substances and heavy metal ions within the system. The statistical tests revealed that the survival of both the organisms in the filtered estuarine water was highly significant at two different temperatures ($p \leq 0.01$). The difference in the

survival capacity of the *E. coli* and *S. typhimurium* in this test solution was also significant ($p \leq 0.05$).

Effect of sunlight on the test organisms has been studied by suspending the test organisms in filter-sterilised water and exposing them to natural sunlight. The experiment has been conducted during the daytime for an 8-h duration from 10 a.m. to 6 p.m. The results (Fig. 5) indicated remarkable inactivation of both *E. coli* and *S. typhimurium*. The reduction of cells was linear in relation to time and the T_{90} values reached within 120 min. While the *E. coli* cells showed slight stabilisation in the last 2 h of the experiment, the *S. typhimurium* cells continued to decline throughout the experimental period. The observations agree with the findings of Fujioka et al. (1981) and Fujioka and Narikawa (1982) who reported sunlight as the major inactivation factor affecting the survival of indicator bacteria in the natural environment. Our findings are also in agreement with the observations of Sieracki and Sieburth (1986) and Rhodes and Kator (1990) who observed a higher mortality and sublethal stress during the first 4 h of the experiment in their studies with *E. coli* in estuarine environment. Sinton et al. (1999, 2002) also showed considerable sunlight inactivation of *E. coli* in waste stabilisation pond effluent as well as in sewage polluted seawater.

We had observed that the injury caused by the sunlight was almost 100% as the cells failed to develop on the selective medium. The injury level was much higher when compared to the injury of cells in the other test solutions such as raw estuarine water and filter sterilised estuarine water, which were incubated in the dark. The relative ability of *E. coli* and *S. typhimurium* to survive under sunlight revealed a better survival capacity of *E. coli* (Fig. 5). The *E. coli* cells were found to acclimatise after 6 h of exposure, while the *S. typhimurium* continued to decline. However, the survival capabilities of the two organisms in test solutions supplemented with sunlight were not found to differ significantly ($p \leq 0.6$). The stabilisation might be resulting from the recovery of the damaged cells or selection of more resistant organisms. The effect of the visible light may be the result of the accumulation of exogenous and endogenous peroxidases produced by the respira-

1 tory chain or catalase system (Leclerc et al., 1977;
 2 Kapuscinski and Mitchell, 1983).

5. Conclusions

7 The results of the present investigation revealed that
 9 sunlight is the most important inactivating factor on the
 11 survival of faecal indicator bacteria *E. coli* and pathogen
 13 such as *S. typhimurium* in the estuarine water. While
 15 biological factors contained in the estuarine water such
 17 as protozoans and bacteriophages in general also exert
 19 considerable inactivation of these organisms, the dis-
 21 solved organic and inorganic substances in the estuarine
 23 water did not exert any considerable damage to the test
 25 organisms. The results also indicated better survival
 capacity of *E. coli* cells under all test conditions when
 compared to *S. typhimurium*, reiterating its role as the
 ideal indicator organism. However, the detection of
 27 *Salmonella* may be less even when there are high
 29 numbers of *E. coli* due to two possible reasons, such
 31 as the reduced numbers of *Salmonella* entering into the
 33 system as well as lower survival capacity of this
 35 organism when compared to *E. coli*.

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